



Kaiser Woodland PFO

Woodland Elementary After-School Enrichment Classes

Course Descriptions | Fall 2023

Sponsored by the Kaiser Woodland Parent Faculty Organization (KWPF0)

READ THIS PART FIRST, PLEASE: IMPORTANT INFORMATION

- 1). ALL REGISTRATION AND PAYMENT are to be completed ONLINE at www.kwpfo.org/enrichment. Our registration website is mobile-friendly (Apple and Android devices). If you do not have computer/internet access to register, please contact hello@kwpfo.org for assistance. DO NOT CONTACT SCHOOL ADMIN ABOUT REGISTRATION. They have no information and cannot help you with registration.
- 2). **The registration deadline is Wednesday, September 20.** Registration after September 20 will be on discretion if there are open class spots. Classes will begin October 2 and each class will have 7 or 8 sessions each. If an instructor misses a class, a make up class may be offered after the last day of classes at the instructor's discretion. Please refer to the enclosed catalog for specific dates. Registration will firmly close upon the first day of classes. If a class does not reach its minimum participation the class will be canceled and the tuition will be refunded.
- 3). Classes will be filled in the order that registration AND payment are completed and received. Your student will not be enrolled until payment is received. Register early to ensure a spot in the class.
- 4). CONSIDER YOURSELF REGISTERED – PLAN TO ATTEND CLASS ON THE FIRST DAY. You will be notified if the class has been canceled or is already full; in either of these cases, your payment will be returned to you (or you can choose another class). We will not be posting class lists.
- 5). **There are certain classes that will need one parent proctor. *Please indicate if you are interested in serving as proctor when registering.*** If you are selected as proctor, the class fee for your child will be waived. Parent proctors will assist the instructor with gathering students prior to class, taking attendance, supporting class activities, etc. The parent proctor must attend EVERY CLASS; if your child drops out of the class, you are required to continue your volunteer duties or find someone who can be your replacement. If a class that requires a volunteer parent proctor does not have a parent volunteer that class will be canceled and the tuition refunded. **Parent proctors need to be registered volunteers—if you need help getting registered please contact us at enrichment@kwpfo.org.**
- 6). Class dates and times may vary, so please MARK YOUR CALENDAR accordingly. It is your responsibility to know when classes will be held. Your child must be picked up within five (5) minutes of the class end time. Instructors are not responsible for your child after the class ends. Repeated tardiness in picking up your child will result in him/her being dropped from the class without a refund.
- 7). **There will be no refunds provided after the first class**, regardless of reason. Failure to follow instructor roles and policies may also result in removal from a class, with no refund provided.
- 8). If the cost of the classes is prohibitive to your family's participation, please email enrichment@kwpfo.org to discuss scholarship opportunities.

MONDAY

Taekwondo for TK/K with OCTKD

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:05-2:35 (30-minute class)

Location: Outside

Fee: \$125

Class size: Minimum 4, Maximum 14

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Orange County TaeKwonDo has been instructing martial arts for over 37 years and has continued through three generations from instructor to student. Students will learn the basics of Taekwondo through self-discipline, focus, social interaction and safety awareness.

Taekwondo for Grades 1-2 with OCTKD

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:45-3:30 (45-minute class)

Location: Outside

Fee: \$145

Class size: Minimum 4, Maximum 14

For: **Grades 1-2**

No parent proctor needed.

About This Class: Orange County TaeKwonDo has been instructing martial arts for over 37 years and has continued through three generations from instructor to student. Students will learn the basics of Taekwondo through self-discipline, focus, social interaction and safety awareness.

Hip Hop Class for TK/K – By We Break Hip Hop Dance Company

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:05-2:35pm (30-minute class)

Location: MPR

Fee: \$185

Class size: Minimum 5, Maximum 15

For: **TK and Kinder only**

Parent proctor is needed.

About This Class: In this 30-minute class, students will be taught the fundamental aspects of breakdancing in a fun and safe environment! In addition to the early movements, we also teach the kids to encourage one another, follow directions, left foot, right foot, listening skills, balance, coordination, rhythm, timing, and teamwork! You can learn more about us at: <https://webreakdance.com>

Hip Hop Class for Grades 1/2 – By We Break Hip Hop Dance Company

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:45-3:45pm (60-minute class)

Location: MPR

Fee: \$185

Class size: Minimum 5, Maximum 15

For: **Grades 1 and 2 only**

Parent proctor is needed.

About This Class: In this 60-minute class, students will be taught the fundamental aspects of breakdancing in a fun and safe environment! WeBreak teaches through our very own proprietary curriculum – focused on learning moves, self-expression, building confidence, and developing a positive environment through helping one another. You can learn more about us at: <https://webreakdance.com>

Handball for Grades 1/2 – By One on One Sports

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:45-3:45pm (60-minute class)

Location: Woodland Basketball Court (on the blacktop)

Fee: \$145

Class size: Minimum 10, Maximum 16

For: **Grades 1 and 2 only**

No parent proctor needed.

About This Class: We all know just how popular handball is at Woodland – before, during, and after school. Here's your student's chance to play even more handball! Our coaches will teach motor skills and hand eye coordination. We will use these activities as a platform to teach life skill lessons that reinforce positive attitudes about effort, respect, and self-control. You can learn more about us at:

<https://www.1on1basketball.com>

Fine Art for TK/K with Active Learning

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:05-2:35 (30-minute class)

Location: Science Classroom

Fee: \$150

Class size: Minimum 5, Maximum 20

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: We teach a full sequence of skills that allows students to perform at their best. Our curriculum provides real world, hands-on learning opportunities that build the skills to foster social-emotional development and expose students to a wide variety of artistic techniques, tools and media. Students use a range of mediums to complete their works of art including painting, drawing, clay, collage and mixed media in various formats and scales.

Fine Art for Grades 1-2 with Active Learning

Dates: October 2, 9, 16, 30, November 6, 13, 27, December 4

Time: 2:45-3:45 (60-minute class)

Location: Science Classroom

Fee: \$150

Class size: Minimum 5 , Maximum 30

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: We teach a full sequence of skills that allows students to perform at their best. Our curriculum provides real world, hands-on learning opportunities that build the skills to foster social-emotional development and expose students to a wide variety of artistic techniques, tools and media. Students use a range of mediums to complete their works of art including painting, drawing, clay, collage and mixed media in various formats and scales.

TUESDAY

Biology for TK/K with the Environmental Nature Center

Dates: October 3, 10, 17, 31, November 7, 14, 28, December 5

Time: 2:05-2:35 (30-minute class)

Location: Lunch tables and grass field

Fee: \$60

Class size: Minimum 8, Maximum 14

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: In this 8-week series, students will learn about key environmental concepts - from the importance of water quality, to biodiversity, to California's native habitats and beyond! Students will meet and engage with live animals in every class and participate in hands-on learning activities.

Biology for Grades 1-2 with the Environmental Nature Center

Dates: October 3, 10, 17, 31, November 7, 14, 28, December 5

Time: 2:45-3:45 (60-minute class)

Location: Lunch tables and grass field

Fee: \$90

Class size: Minimum 8, Maximum 14

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: In this 10-week series, students will learn about key environmental concepts - from the importance of water quality, to biodiversity, to California's native habitats and beyond! Students will meet and engage with live animals in every class and participate in hands-on learning activities.

Chess Club for Grades 1-2 with Parker-Anderson

Dates: October 3, 10, 17, 31, November 7, 14, 28, December 5
Time: 2:45-3:45 (60-minute class)
Location: TBD
Fee: \$135
Class size: Minimum 5 , Maximum 20
For: **Grades 1-2 Only**
Parent proctor needed.

About This Class: We introduce chess to students in a fun and exciting way! For all students and all levels, we teach students to play chess and help them succeed in school by stimulating their problem-solving, analytical, and critical thinking skills. Learn chess strategies, defenses, and winning moves that will impress friends and family. Students will participate in a class tournament towards the end of the session to compete for trophies and other chess prizes!

Sports World for TK/K with Parker-Anderson

Dates: October 3, 10, 17, 31, November 7, 14, 28, December 5
Time: 2:05-2:35 (30-minute class)
Location: Grass field
Fee: \$65
Class size: Minimum 5 , Maximum 14
For: **TK and Kinder Only**
Parent proctor needed.

About This Class: The SportsWorld program is a fun and exciting way for kids to develop their motor skills while learning the basics of many different sports and games. Dribbling, passing, shooting and hand-eye coordination are all practiced as students play basketball, soccer, dodgeball, capture the flag and more. Our emphasis is on sportsmanship.

Basketball for Grades 1/2 – By One on One Sports

Dates: October 3, 10, 17, 31, November 7, 14, 28, December 5
Time: 2:45-3:45pm (60-minute class)
Location: Woodland Basketball Court (on the blacktop)
Fee: \$145
Class size: Minimum 10, Maximum 20
For: **Grades 1 and 2 only**
No parent proctor needed.

About This Class: Join One on One Basketball this session as we teach your child basketball in a fun, exciting environment. Our coaches will not only teach your child important fundamentals through progressive drills, fun competitions, and competitive scrimmages, but we will use these activities as a platform to teach life skill lessons that reinforce positive attitudes about effort, respect, teamwork, and self-control. You can learn more about us at: <https://www.1on1basketball.com>

WEDNESDAY

Jedi Training Academy for Grades 1-2 with Parker-Anderson

Dates: October 4, 11, 18, November 8, 15, 29, December 6

Time: 1:55-2:55 (60-minute class)

Location: Science lab

Fee: \$135

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2 Only**

Parent proctor needed.

About This Class: The Force will be with you as you learn the ways of the Jedi! Play Ultimate Star Wars games ,build Star Wars Lego sets and go from Jedi Padawan to Jedi Knight in one session! You will learn to act like the characters, create your own Jedi costume, take home your very own LightSaber and more. Students will become Jedi Knights in a Knighting Ceremony skit for friends and family at the end of the session.

ChemKidz for TK/K with Parker-Anderson

Dates: October 4, 11, 18, November 8, 15, 29, December 6

Time: 1:55-2:25 (30-minute class)

Location: Science Classroom

Fee: \$135

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Chemistry is amazing! Conduct physical change and chemical reaction experiments and learn what makes them work. Learn about atoms and molecules as you create Elephant Toothpaste, perform experiments with dry ice, shake up home-made ice cream and more in this electrifying class!

THURSDAY

Yoga for TK/K - By Mog&Yoga

Dates: October 5, 12, 19, November 2, 9 16, 30, December 7

Time: 2:05-2:35 (30-minute class)

Location: MPR

Fee: \$128

Class size: Minimum 4, Maximum 10

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Teacher Utako Ando brings kids along on a yoga adventure! With stories and interactive games, Uta makes yoga fun for every body. Mats will be provided, please have your child dress in comfortable clothes that allow free range of motion.

Yoga for Grades 1-2--With Mog&Yoga

Dates: October 5, 12, 19, November 2, 9 16, 30, December 7

Time: 2:45-3:45 (60-minute class)

Location: MPR

Fee: \$176

Class size: Minimum 5, Maximum 12

For: **Grades 1-2 Only**

No parent proctor needed.

About This Class: Teacher Utako Ando brings kids along on a yoga adventure! With stories and interactive games, Uta makes yoga fun for every body. Mats will be provided, please have your child dress in comfortable clothes that allow free range of motion.

Skateboarding for TK/K with Intro2Skate

Dates: October 5, 12, 19, November 2, 9 16, 30, December 7

Time: 2:05-2:35 (30-minute class)

Location: Woodland blacktop

Fee: \$200

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

No parent proctor needed.

About This Class: Learn how to skate with Intro2Skate after school on their mobile skatepark ramps on the school's blacktop. Great for beginners with no experience as all of our coaches are very kind and welcoming. We take a hands-on approach to guiding your kids to safely learning the basics and building confidence at the same time. Skateboard, helmet, knee and elbow pads are required. If you already have your own, please bring it to the class every week. If you do not have any gear you may borrow gear from us. Let's skate!

Skateboarding for Grades 1-2 with Intro2Skate

Dates: October 5, 12, 19, November 2, 9 16, 30, December 7

Time: 2:05-2:35 (30-minute class)

Location: Woodland blacktop

Fee: \$260

Class size: Minimum 5 , Maximum 20

For: **Grade 1-2 Only**

No parent proctor needed.

About This Class: Learn how to skate with Intro2Skate after school on their mobile skatepark ramps on the school's blacktop. Great for beginners with no experience as all of our coaches are very kind and welcoming. We take a hands-on approach to guiding your kids to safely learning the basics and building confidence at the same time. Skateboard, helmet, knee and elbow pads are required. If you already have your own, please bring it to the class every week. If you do not have any gear you may borrow gear from us. Let's skate!

FRIDAY

Jewelry Making for TK/K with Parker-Anderson

Dates: October 6, 13, 20, November 3, 17, December 1, 8

Time: 2:05-2:35 (30-minute class)

Location: MPR

Fee: \$65

Class size: Minimum 5 , Maximum 14

For: **TK and Kinder Only**

Parent proctor needed.

About This Class: Students will make jewelry, bags, jewelry holders and other accessories using a variety of materials including clay, beads, paint and UV resin. Among the items created are bracelets, earrings, necklaces and more. Hone your fine motor and design skills as you create intricate works that you can give as gifts or keep for yourself.

Jewelry Making for Grade 1-2 with Parker-Anderson

Dates: October 6, 13, 20, November 3, 17, December 1, 8

Time: 2:45-3:45 (60-minute class)

Location: MPR

Fee: \$135

Class size: Minimum 5 , Maximum 20

For: **Grades 1-2**

Parent proctor needed.

About This Class: Students will make jewelry, bags, jewelry holders and other accessories using a variety of materials including clay, beads, paint and UV resin. Among the items created are bracelets, earrings, necklaces and more. Hone your fine motor and design skills as you create intricate works that you can give as gifts or keep for yourself.

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PLEASE REGISTER AND PAY ONLINE AT WWW.KWPFO.ORG/ENRICHMENT

Good to know!: 10% of the vendor price for each enrichment class goes back to the Kaiser Woodland PFO, which supports both Kaiser and Woodland Elementary Schools by furthering the reach of arts, technology, enrichment, and experiences beyond the scope of the schools' established budgets.

?Hablas Español? Pídenos el catálogo de cursos

por email en ENRICHMENT@KWPFO.ORG

QUESTIONS? PLEASE EMAIL ENRICHMENT@KWPFO.ORG